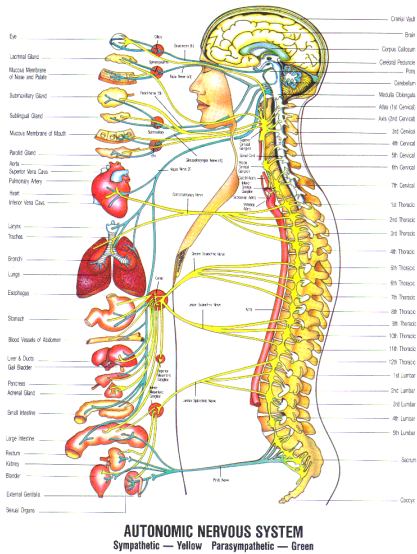




The Adjusted Chiropractic Health Tip of the Day

What is a Subluxation?

Your central nervous system (brain and spinal cord) is responsible for sending messages to every cell, tissue, organ and system in your body. This communication is made possible by your spinal neurological network. This vast communication network is in charge of virtually every function in your body and determines whether you enjoy good health or disease. The central nervous system is so important that nature built armor around it, your skull and spinal column.



However, even with this inborn protection, our nervous system can experience interference, injury or disturbance. We call this damage to our nervous system a subluxation. This disturbance or interference to the expression of the nervous system can interfere with our human potential in every dimension. This could potentially be a very serious threat to our continued overall health and well-being. Subluxations can have devastating effects on our overall health and well-being. Our primary goal is to detect and correct the subluxations that are interfering with the nervous system.

How do you know if you have subluxations? You don't; in most cases they develop and progress in the absence of symptoms. This is why subluxations are often called the "Silent Killer." Because of their nature of not causing any pain until they are quite progressed, they usually go undiagnosed for many years as you slowly lose your health potential.

Subluxations can be acute (recently developed), chronic (old and grown in) or permanent depending on the amount of time they have gone unnoticed and the amount of damage they have produced.



Have your family checked for subluxations today.



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